

[HEALTHY BUTTERNUT SQUASH SOUP RECIPES](#)



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A fall favorite, butternut squash shines brightest when used as a base for a rich, warming soup. Thanks to the squash's natural sweetness, you don't need to add many ingredients to elicit a truly unique dish. These recipes are easy to follow, healthy, and will have your family asking for more wonderful dishes with this delicious winter squash. Whether it's a hearty stew or creamy bisque, everyone will find a family-favorite on this list.

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Delectably silky, with a mildly sweet flavor, butternut squash is a vegetable that works well in both sweet and savory dishes. Pure it into soups, roast and toss into salads or bowls, and stuff with a plethora of other delicious ingredients.

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